

STIGMASTANOL IN THE SEEDS OF *TRICHOSANTHES CUCUMEROIDE*

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Previous workers have demonstrated that Tracheophyte families contain Δ^5 -, Δ^7 -, and $\Delta^{5,7}$ -sterols as 4-desmethylsterol components [1]. We now report the isolation and identification of a saturated sterol, stigmastanol ([24*R*]-24-ethyl-5 α -cholestan-3 β -ol), from the seed oils of *Trichosanthes cucumeroide* M. (Cucurbitaceae). This sterol is believed to be identical with an unidentified sterol from *Trichosanthes kirilowii* M. seed oils reported by Jeong *et al.* [2].

Stigmastanyl acetate was isolated from the least polar faint zone on the AgNO₃-Si gel TLC of the acetylated 4-desmethylsterol fraction which was separated from the unsaponifiable matter of the seed oils [2]. The *R_f* (cholesteryl acetate = 1.00) of the acetate on GLC (OV-1 glass capillary column, 0.28 ϕ \times 35 m; temp. 265°) was 1.59. Hydrolysis of the acetate gave free sterol (mp 139–141.5°). The MS (probe, 70 eV) showed *M*⁺ at *m/e* 416 (C₂₉H₅₂O, rel. int. 77), base peak at *m/e* 43 and other peaks at *m/e* 401 (*M*⁺-Me, 25), 398 (*M*⁺-H₂O, 10), 383 (*M*⁺-Me-H₂O, 3), 344 (*M*⁺-ring A [C₄H₈O], 5), 275 (*M*⁺-SC [C₁₀H₂₁], 7), 260 (275-Me, 4), 257 (275-H₂O, 12), 248 (*M*⁺-SC-27, 18), 233 (275-42, 77), and 215 (233-H₂O, 67). The ¹H NMR spectrum (90 MHz, CDCl₃, TMS) exhibited signals at δ 0.65 (3H, *s*, C-18), 0.80 (3H, *s*, C-19), 0.91 (3H, *d*, *J* = 6.3 Hz, C-21), 0.84 (3H, *d*, *J* = 6.3 Hz, C-26), 0.82 (3H, *d*, *J* = 6.3 Hz, C-27), 0.85 (3H, *t*, *J* = 6.8 Hz, C-29), and 3.67 (1 H, *m*, *W*_{1/2} = 22, C-3 α), but no olefinic proton. These data were in agreement with those of authentic stigmastanol prepared from stigmasterol. The *R*-configuration at C-24 was confirmed by the ¹H NMR lanthanide induced shift experiments for the

side chain methyls [3] and by the following ¹³C NMR data (22.50 MHz, CDCl₃, TMS) [4]: δ 11.9 (C-18), 12.0 (C-29), 12.2 (C-19), 18.7 (C-21), 19.0 (C-27), 19.6 (C-26), 23.1 (C-28), 26.2 (C-23), 29.3, (C-25), 34.0 (C-22), 36.0 (C-20), and 45.9 (C-24).

The presence of stigmastanol in the plant kingdom has previously been reported in several species of *Triticum* spp. (Grammineae) [5], *Sphagnum* spp. (Sphagnaceae) [6], and *Physarum polycephalum* (Myxomycetes) [7].

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